40 DAYS OF PRAYER & FASTING FOR

JAPAN INDONESIA PHILIPPINES

13 Sept - 22 October, 2026

A Call to Prayer and Fasting

Interceding for Japan, Indonesia, and The Philippines (2026 Edition)

Prayer and fasting are foundational spiritual disciplines, serving as active expressions of our absolute dependence on God and our earnest desire to see His will unfold on earth. When we fast and pray, we intentionally lay aside physical comforts to align our hearts and minds with spiritual realities. It is an acknowledgment that certain challenges are so deep and structural that they demand our utmost spiritual devotion and collective sacrifice.

In 2026, we direct this unified spiritual focus toward three significant Asian nations: Japan, Indonesia, and The Philippines. Each of these nations stands at a critical crossroads, facing intense socio-economic, geopolitical, and spiritual dynamics that deeply impact their people and future. We intercede with the firm conviction that God's power brings genuine transformation, healing, and flourishing even in the most complex circumstances.

Japan

Overcoming the Silent Crisis

Japan is widely recognized for its cultural influence, advanced technology, and societal order. Yet underneath this surface lies an accelerating demographic and spiritual crisis. Long described as a difficult landscape for Christian growth, the spiritual urgency of Japan has intensified significantly.

Official government vital statistics confirm that Japan's annual births dropped to a historic low of 671,236. The national total fertility rate has slipped to 1.14, with Tokyo dropping below the critical threshold to an unprecedented 0.96. The natural population decline has exceeded 900,000 for consecutive years, accelerating structural pressures much faster than initial institutional forecasts.

Indonesia

Securing Economic Equity and Social Resilience

Indonesia, a vast archipelago of immense cultural diversity, is the world's fourth most populous nation and the largest Muslim-majority country. Having moved past its recent political transitions, the nation now faces the concrete task of maintaining stability while safeguarding its people from severe economic pressures.

Under the current presidential administration, Indonesia faces significant domestic headwinds. Public anxieties have triggered widespread protests across several regions due to sharp land and building tax hikes, rising food and education costs, and major budget realignments for new flagship social programs. Furthermore, recent capital market volatility and currency fluctuations have compounded financial pressures on an already strained middle class, causing job insecurity in the informal sector.

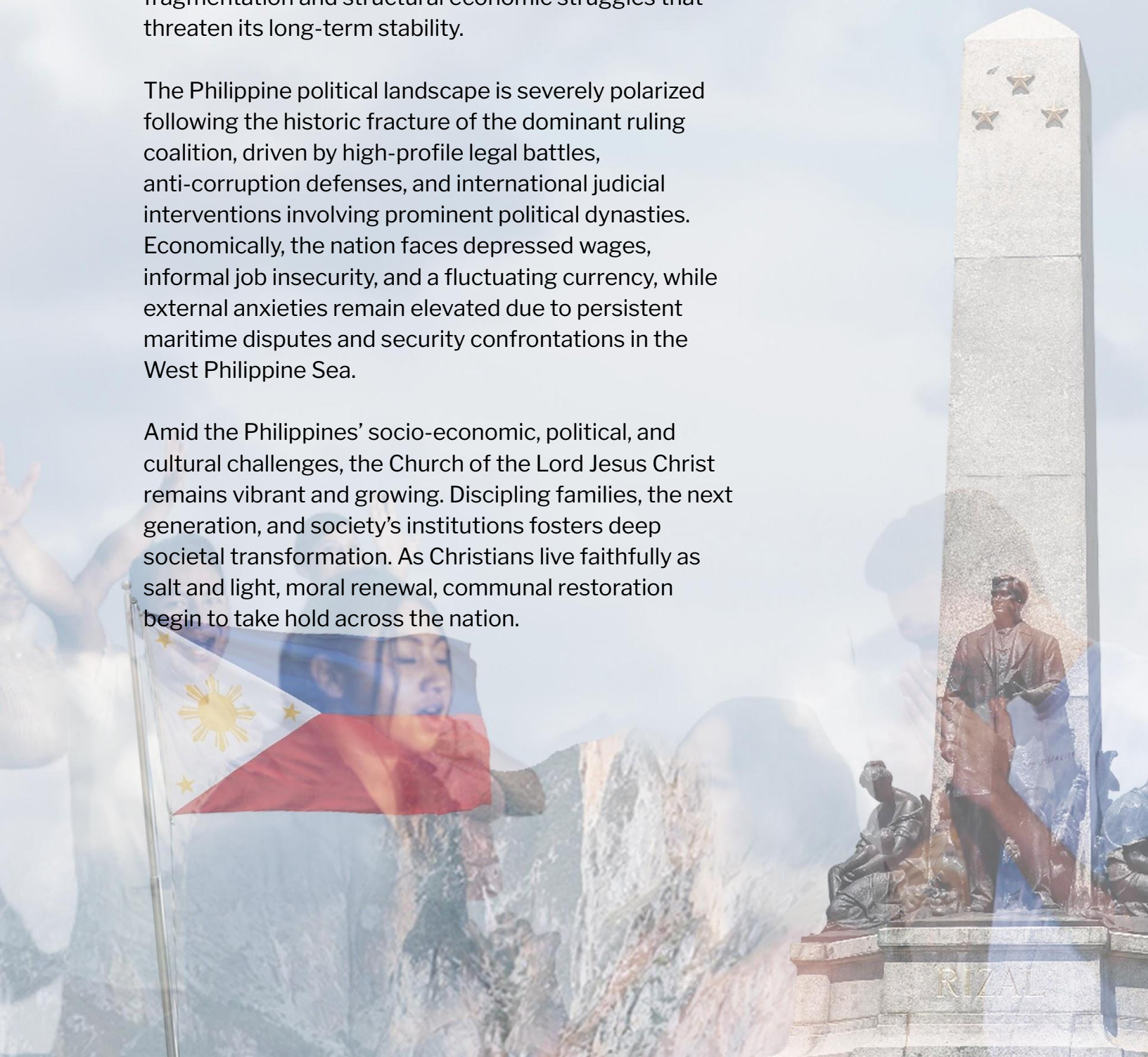
Philippines

Standing at the Crossroads

The Philippines is a vibrant nation with a deep history of Christian faith. However, the country enters 2026 highly unsettled, grappling with deep internal political fragmentation and structural economic struggles that threaten its long-term stability.

The Philippine political landscape is severely polarized following the historic fracture of the dominant ruling coalition, driven by high-profile legal battles, anti-corruption defenses, and international judicial interventions involving prominent political dynasties. Economically, the nation faces depressed wages, informal job insecurity, and a fluctuating currency, while external anxieties remain elevated due to persistent maritime disputes and security confrontations in the West Philippine Sea.

Amid the Philippines' socio-economic, political, and cultural challenges, the Church of the Lord Jesus Christ remains vibrant and growing. Discipling families, the next generation, and society's institutions fosters deep societal transformation. As Christians live faithfully as salt and light, moral renewal, communal restoration begin to take hold across the nation.



The Weekly Prayer Arc

All three nations will journey through these identical weekly themes, applying them to their unique cultural and systemic realities.

Week 1 – Receive Power
Themes: Consecration, humility, prayer, dependence on the Holy Spirit, unity, and readiness.

•Pray for a powerful movement of the Holy Spirit across Japan, Indonesia, and The Philippines, breaking spiritual strongholds, nominalism, and apathy.

•Intercede for the global and local church to enter this 40-day period with pure hearts, deep humility, and a unified spirit.

•Pray that believers in these nations develop absolute dependence on God's power rather than human strategies, readying themselves for a harvest of faith.

Week 2 – Witness Begins at Home
Themes: Families, marriages, parenting, discipleship, children, and the next generation.

•Japan: Pray for young adults and couples facing intense societal pressure; pray against the fear of marriage and child-rearing amid the demographic crisis.

•Indonesia: Pray against the rising divorce rates and domestic stress caused by economic hardships; pray for the protection of children from abuse and neglect.

•The Philippines: Pray for deep, root-level discipleship within the home to counter superficial religious traditions, raising a generation anchored in biblical truth. And may the fathers taking their God given leadership role seriously, intentionally and prayerfully.

Week 3 – Faithful in the Marketplace
Themes: Integrity, stewardship, leadership, excellence, courage, and Gospel influence in daily work.

•Japan: Pray for corporate leaders and employees trapped in the exhausting work culture; pray against isolation, extreme professional pressure, and the tragedy of overwork.

•Indonesia: Pray for marketplace integrity to curb systemic corruption; intercede for the millions working in the informal sector who face job insecurity and stagnant wages.

•The Philippines: Pray for ethical leadership in businesses, better opportunities that alleviate depressed wages, and Christian professionals to act as catalysts for economic justice.

Week 4 – Wisdom in a Disrupted Age
Themes: Discernment, truth, compassion, AI, technology, and faithful engagement in a rapidly changing world.

Pray for discernment among the youth of all three nations as they navigate the digital landscape, AI integration, and shifting cultural narratives.

•Japan: Pray that technological advancements do not deepen the crisis of extreme social withdrawal (hikikomori) and loneliness, but that technology is used to foster true connection.

•Indonesia & The Philippines: Pray for truth and wisdom to prevail over misinformation, political polarization, and digital manipulation that divide communities.

Week 5 – One Body, One Mission
Themes: Unity among families, churches, ministries, marketplace leaders, and Christian leaders.

Pray for the breakdown of institutional walls, denominational rivalries, and competitive mindsets within the Body of Christ across Asia.

•Japan: Pray for unity and strategic partnerships between aging local congregations and foreign mission agencies to revitalize rural and urban ministries.

•The Philippines: Pray for healing over the deep political and social divisions that have fragmented local Christian communities and leadership.

•Indonesia: Pray for a spirit of genuine interfaith harmony and constitutional protection for religious minorities, enabling the church to be a unified beacon of love and truth.

Week 6 – Mobilization for the Kingdom
Themes: Cities, nations, LS360 Manila, Kingdom impact, faithful engagement in Family, Education, Church, Marketplace, and Government, and lasting fruit for future generations.

Pray for direct Kingdom impact across the strategic cultural mountains: Family, Education, Church, Marketplace, and Government.

•Japan: Pray for the emergence of a passionate, bold generation of young Japanese Christians to lead their cities into spiritual revival, ensuring lasting fruit for generations to come.

•Indonesia: Pray for President, Vice President, and local leaders to govern with economic wisdom, equity, and genuine care for the public good.

•The Philippines: Lift up LS360 Manila and regional ministries as they mobilize leaders for systemic national transformation and community empowerment.

Join the Prayer Movement

We invite families, prayer groups, and local churches worldwide to commit to these 40 Days of Prayer and Fasting. The specific method of fasting is flexible according to individual health and conviction, but our unity in intercession is absolute. Let us stand together in faith, trusting that God will bring revival, peace, and systemic transformation to Japan, Indonesia, and The Philippines. Sign up to receive weekly updates, localized prayer points, and testimonies of what God is doing: www.prayforasia.org